

CHEER INDIVIDUALS AND STUNT GUIDELINES



CHEER INDIVIDUALS

Division	Age	
Tiny Cheer	5yrs & Under	
Mini Female	6yrs - 8yrs	
Traditional Mini Female	6yrs - 8yrs	No Tumbling
Mini Male	6yrs - 8yrs	
Traditional Mini Male	6yrs - 8yrs	No Tumbling
Youth Female	9yrs- 11yrs	
Traditional Youth Female	9yrs- 11yrs	No Tumbling
Youth Male	9yrs- 11yrs	
Traditional Youth Male	9yrs- 11yrs	No Tumbling
Junior Female	12yrs - 14yrs	
Traditional Junior Female	12yrs - 14yrs	No Tumbling
Junior Male	12yrs - 14yrs	
Traditional Junior Male	12yrs - 14yrs	No Tumbling
Senior Female	15yrs - 18yrs	
Traditional Senior Female	15yrs - 18yrs	No Tumbling
Senior Male	15yrs - 18yrs	
Traditional Senior Male	15yrs - 18yrs	No Tumbling
Open Male	17 & Older (17 and 18 year old athletes must be out of high school)	
Open Female	17 & Older (17 and 18 year old athletes must be out of high school)	

Age divisions are determined by the age of the participant as of August 31, 2010
(All individuals must compete in their qualified age division.)

Partner stunt divisions are limited to 1 minute and 30 seconds and must adhere to the USASF Safety Guidelines.

PARTNER STUNT DIVISIONS

Division	Age	Members	Males	Levels
Mini All-Girl	8yrs & Under	5	1	3
Youth All-Girl	11yrs & Under	5	1	5
Junior All-Girl	14yrs & Under	5	1	5
Senior All-Girl	11yrs - 18yrs	5	0	5
Open All-Girl	17yrs & Over	5	0	6
Youth Co-Ed	11yrs & Under	2	1	5
Junior Co-Ed	14yrs & Under	2	1	5
Senior Co-Ed	11yrs - 18yrs	2	1	5
Open Co-Ed	17yrs & Over	2	1	6

Age divisions are determined by the age of the participant as of August 31, 2010
(All partner stunt entrants must compete in their qualified age division.)

Partner stunt divisions are limited to 1 minute and 30 seconds and must adhere to the USASF Safety Guidelines.

